

Become a member

Join the club and start playing polocrosse. There is an annual fee this entitles you to play as many tournaments as you like, for those keen to compete many interstate tournaments are available for club members who are willing to travel and experience the thrill of playing against some of Australia's elite. Membership amounts can be found on our website. <https://www.adelaidepolocrosse.com/>

The Committee:

Craig Tremellen - President 0449 732 532

Richard Stevens - Vice President 0417 820 203

Sam Westley - Secretary 0404 793 207

Pam Prior - Sponsorship Officer 0402 348 852

Craig Tremellen - Grounds Booking 0449 732 532

Email: poloxadelaide@gmail.com

We would like to thank our very generous sponsors without their help we couldn't keep running.

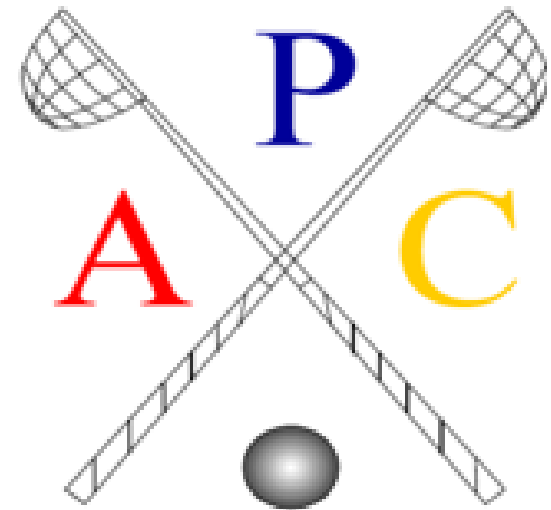


Location



- Head Northeast on Onkaparinga Valley Road
- Take the first exit at the roundabout Woodside Road
- Turn left at Jeffrey Street
- Turn left at Onkaparinga Street.
- Enter the Lobethal recreation grounds and drive around the oval. Polocrosse Grounds are behind oval.

Adelaide Polocrosse club



King of the
One Horse Sport

Adelaide Polocrosse Club

THE CLUB

The Adelaide Polocrosse club (APC) is a not for profit organization focusing on building the club and its facilities to encourage more people to play polocrosse. APC is one of four clubs in South Australia.

THE SPORT

Polocrosse is wholly Australian sport invented by Mr & Mrs Edward Hirst of Sydney in 1938 and currently played in 17 nations around the world. A mixture of Lacrosse, polo, Netball and Rugby played with one horse.

THE GAME

The game consists of two teams of six players with three from each team (a section) on the field at the one time. Each section has a Goal shooter (no 1), Midfielder (no 2), and Goal defence (no 3). The umpire blows the whistle to signal to the time keeper that the game is ready to start. The two opposing sections line up next to each other with the number 1 players first, Number 2 behind and the Number 3s at the back. The ball is thrown between the two opposing sections to commence play.

Possession of the ball is fiercely contested by both sides, it might be snapped straight from the line up before it hits the ground or a race out the back to see who can grab it off the ground first. A goal is scored when the ball is thrown between the two goal post by the Goal shooter (no 1 player). Each period of play is called a chukka and is usually six or eight minutes in length. At the end of each chukka the playing sections swap giving both horses and players a well-deserved rest. Four, six minute chukkas are the norm for a game after which riders dismount as soon as the whistle is blown and congratulate fellow team members and opposing team for a great game.

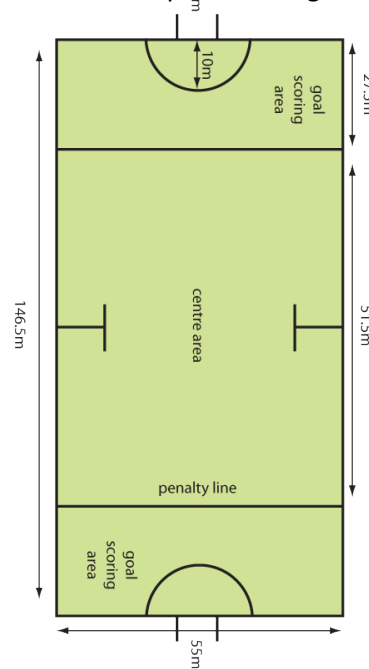
THE GROUNDS

We are truly lucky to have one of the best playing fields in the state. On the Adelaide hills Equestrian Centre grounds the club room and storage sheds are fenced into an area containing three grassed fields, plenty of steel yards with chain gates are available to keep horses and people safe within the grounds. Ample room for parking and camping on site adds to the atmosphere of a tournament weekend. Hot showers and toilets are also freely available during official tournaments.

Note: Strictly NO DOGS are allowed on the grounds whilst horses are present.

THE FIELD

Each field measures 146.5m x 55m with a penalty line 27.5m from each end that encloses the goal scoring area. The goal posts are set 2.5m apart and ringed by a 10m goal circle.



HOW CAN YOU JOIN THE FUN

Come & try days

We are holding come and try days, our first one being held on the 18th November 2017 12-5pm followed by a sausage sizzle and a chat about your day, with the option of camping overnight. The next come and try will be held in December. If you are a horse rider or someone looking to learn to ride and be part of a sport these informal days enable you to come and try or just watch. \$35 Insurance cost.

Practices

Start in November and are suitable for all levels of player and rider ability. All willing participants are encouraged to join in and are given instruction and assistance. Membership that covers insurance is required to participate at these.

Special coaching events

We try to hold special coaching events every year, these have included top Australian coaches who spend a few days giving intensive training at a small cost, or horsemanship training days different days that help improve both playing and riding.

Chukka Days

These days resemble a tournament but less formal and yet still as slow or as fast paced as you want. Membership that covers insurance is a requirement to participate.

Tournaments

We hold 2 tournaments a year they are ran over two days with finals being played on Sunday. We travel from Naracoorte to YP to play with in SA with camping from Friday night to Sunday. Once you become a member you can play as many tournaments as you like including interstate.